

**Healthy Food for All**

**Cooking:**

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| **Yes we do this at our pantry** |  | **Our pantry is interested** |
|  | **Pantry offers cooking information (recipes, cooking basics, etc.)** |  |
|  | **Offers cooking demonstrations for clients** |  |
|  | **Offers regular cooking classes for client education (weekly, monthly, quarterly)** |  |

**Gardening:**

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| **Yes we do this at our pantry** |  | **Our pantry is interested** |
|  | **Provide gardening education materials (displays, seeds, speakers, etc.)** |  |
|  | **Own a pantry garden at your location** |  |
|  | **Provide space for gardening for clients** |  |

**Pantry Set Up:**

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| **Yes we do this at our pantry** |  | **Our pantry is interested** |
|  | **Pantry has a design that promotes healthier options (eye level produce, Myplate guidelines, health section, etc.)** |  |
|  | **Offer pantry tours that educate clients on Healthy Options** |  |
|  | **Work individually with clients to establish healthy meal options based on pantry availability** |  |
|  | **Accommodations for clients with food restrictions (special allergen, gluten free options, low sodium, etc.)** |  |
|  | **Increase accessibility to pantry (transportation, building hours, etc.)** |  |
|  | **Efforts to increase availability to fresh produce (storage, designated produce section, partnerships with local farms, etc.** |  |

**Nutrition Education:**

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| **Yes we do this at our pantry** |  | **Our pantry is interested** |
|  | **Provide nutrition education materials (displays, brochures, community resources, etc.)** |  |
|  | **Provide nutrition education opportunities for clients (presentations, speakers)** |  |
|  | **Provide nutrition education series with clients for ongoing education (weekly)** |  |
|  | **Build partnerships to provide individualized programs (health coaching, nutritional consultations, personal training, etc.) with an emphasis in on-site counseling** |  |
|  | **Provide breast feeding resources** |  |

**Employee/Volunteer:**

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| **Yes we do this at our pantry** |  | **Our pantry is interested** |
|  | **SNAP training for all pantry employees** |  |
|  | **SNAP training for all pantry volunteers** |  |
|  | **Makes use of Healthy Food Drive tool kit to solicit healthy donations to the pantry** |  |
|  | **Monthly nutritional trainings offered for employees and volunteers (cooking, community resources, nutrition education** |  |
|  | **Secure grant funding for healthy pantry efforts** |  |

**Physical Activity:**

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| **Yes we do this at our pantry** |  | **Our pantry is interested** |
|  | **Pantry offers physical activity information (recommendations, tips with no gym, displays, speakers, etc.)** |  |
|  | **Pantry staff (or outside partners) meet with clients to talk about how to incorporate more physical activity** |  |
|  | **Pantry offers physical activity spaces and class (walking groups, regular group fitness classes, has space for clients to use** |  |

**Advocacy:**

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| **Yes we do this at our pantry** |  | **Our pantry is interested** |
|  | **Establish Fuel Good pantry advocate** |  |
|  | **Fuel Good advocate attends at least 50% of monthly meetings** |  |
|  | **Cross promote healthy community activities in pantry** |  |
|  | **Fuel Good advocate shares monthly meeting reports with pantry administration** |  |
|  | **Fuel Good advocate creates subcommittee of volunteers/employees at pantry that are dedicated to healthy pantry initiative** |  |

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|  | Percentage of purchased food meeting Fuel Good Pantry Foods to Encourage Criteria |  |